

2015

Report



*School of Community
Health*

Palestinian Medical Relief Society

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Executive summary:

This report covers the activities carried out and the achievement during Jan – august 24th 2015. It covers the Diploma program regarding the curricular and extra curricular activities.

The SCH has accomplished the Diploma activities as planned. The Diploma program for the 2015 included (22) students from 14 local communities.

The total training hours in the Diploma program in 2015 was 1502 hours: the 800 hours in class training and 702 hours at practical field training. The extracurricular activities in 2015 mounted up to fifty four hours.

Eight student's stat for state comprehensive exam, which means they completed the requirements of Community Health diploma.

The continuing education program (C/E) in 2015 included gender and right health, sexual and reproductive health, gender main streaming, gender Analysis, child protection, psychological first Aid, TOT in Gender. The total number of trainees was seventy eight participants. The total number of training hours was fifty five.

Introduction:

PMRS School of Community Health is a non-profit educational institution with accreditation from the Palestinian Ministry of Higher Education in the field of Community Health and Primary Health Care training. It was formally established in 1984 to train qualified Community Health Workers (CHWs) and to provide continuing education to physicians and other health care professionals. Currently, the school offers a two-year Diploma in Community Health, and many hours of continuing education each year in the form of seminars, conferences, workshops and training packages in various health fields that are linked to WHO protocols and guidelines in the management of diseases. The school is located in the West Bank town of Ramallah, but it draws students from all over the West Bank and Gaza Strip before the siege that prevented Gaza students in the last five years.

The school combines theoretical education and practical training with an emphasis on the particular health needs of Palestinian communities. All students of Community Health, whether physicians or CHWs, receive a solid grounding in the concepts of prevention, health promotion and education, community participation, and comprehensive (holistic) health development.

The school trains health professionals for PMRS, the Palestinian National Authority's Ministry of Health, UNRWA, and a number of non-governmental organizations. This builds the capacity of PMRS and the entire health care sector to provide quality health care services to the most vulnerable members of Palestinian society. At the same time, the

school's training empowers young Palestinian women to play an important role in the health and development of their own communities as Community Health Workers.

A. The Diploma of Community Health:

In 2015 two groups (group 23 and group 24) studies in School of Community Health (First and second year students).

A.1 Group 23:

Semester's overview:

This group is consists of nine students, they finished the requirements (Theory and practical) of diploma of Community Health in June 2015, which consists of four semester. In 2014 they finished the requirements (Theory and practical) for first and second semesters, and the theory part of third semesters. This group received 210 hours as practical training in Jan – Feb 2015.

Course Average

Name of the course	Average
Epidemiology and communicable diseases	75
Women's Health	67
School Health	75
Adolescent Health	75
Management of Health Centers	87
Development in Arab World	81
Islamic Studies	81

- The number of trainers were seven (5 internal and 2 external trainers).



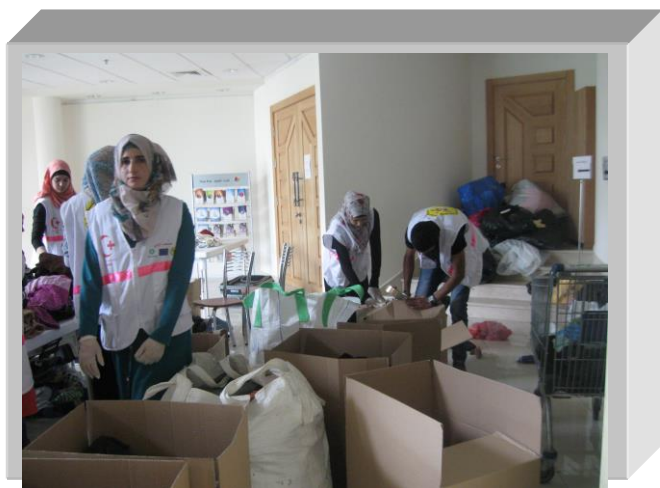
Fourth semester:

Ten students studied in this semester one of the students who left SCH re-joined in this semester, each students received 272 hours as theory and 210 hours as practical training. The semester started in Feb 22 and completed in June 19th 2015. All students passed successfully this semester, the course average in table below:

Course Average

Name of the course	Average
Child's Health	76
Environmental Health	85
Orall and Dental Health	87
Elderly Health	78
Community Based Rehabilitation	87
Eye Health	86
Arabic Language	85

- The number of trainers were seven (5 internal and 2 external trainers).



Group 23

A.2 Group 24:

First semester:

This semester starts with 13 students, after two weeks one of them dropped out because she got engaged, the students come from eight communities. The semester started in Jan 13 and finished in May 19th . All students passed the exams in this semester. Each students received 304 hours as theory and 210 hors as practical. For more information on semester's course average, see table below:

Course Average

Name of the course	Average
Nursing Skills	72
Introduction to computer	82
Anatomy and Physiology	76
Primary Health Care	80
Introduction to Math	79
Palestinian Society and health in Palestine	82
Rational use of drugs	75

- Seven trainers participated in the training process for this semester (4 internal and 3 external trainers).



Group 24

Second semester:

This semester began in May 30th and still running, it starts with 12 students, two students dropped out after 3 weeks of starting the semester, one because she got pregnant and the other because got engaged. The theory part is completed, each student received 224 hours as theory and 72 practical training hours achieved till now out of 210 hours, the semester will be finished in Sep 14th.

Semester plan

Group	Semester	Start Date	End Date
Twenty Three	Third	22/9/2014	1/2/2015
	Forth	22/2/2015	19/6/2015
Twenty Four	First	13/1/2015	19/5/2015
	Second	30/5/2015	Still running till Sep 14 th

- The number of trainers were five (4 internal and 1 external trainers).

A.3 Practical training:

The practical training took place in PMRS centers (Beddu, Beit Anan, Senjel, Almoghayer, Maythaloan, Ethna, Al-sela) in addition to Red Crescent hospital, elderly homes, schools, Ministry of Health primary health care center, CBR summer camps and mobile clinic.

The students of group 23 were trained on first , second, third and fourth semesters subjects: nursing skills, rational use of drugs, chronic diseases, management, nutrition, first aid skills, Women's Health, Child's Health in addition to that training on communication, , and health education skills both in the health centers and in the community for individuals and groups.

The students owe to submit progress report on chronic diseases, women's health, child health and elderly (cases study), report on environmental problem, home visits report and health education report.

The students of group 24 where trained on specialty subjects: nursing skills, chronic diseases, communication and health education.

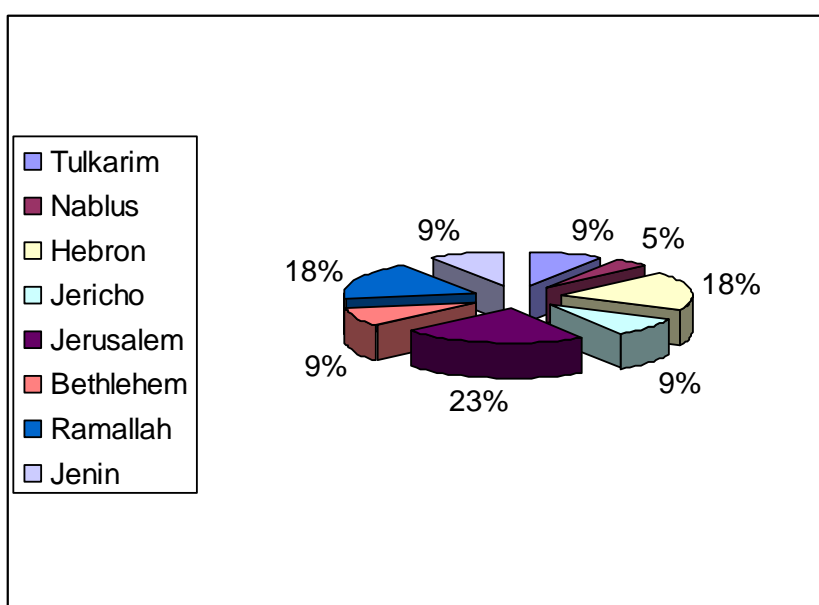
Students were supervised and trained by qualified community health workers in each centers and supervision by SCH team.

A.4 Number of students per community per district:

The students in SCH comes from 8 districts and 14 communities. Each year the SCH make effort to recruit students from new communities. Student selection is a process that PMRS programs participate in nomination and selection .

district	community	Number of students	Percent
Jenin	Al- Araqa	2	9%
Ramallah	Ain Qinia	1	18%
	Senjel	1	
	Dir Asodan	2	
Bethlehem	Geb Deeb	2	9%
Jerusalem	Wadi Al- Jooze	1	23%
	Hezma	2	
	Shoafat	2	
Jericho	Frosh Biet Dajan	2	9%
Hebron	Ethna	2	18%
	Al- Fawar camp	1	
	Yata	1	
Nablus	Jorish	1	5%
Tulkarim	Kofor Jamal	1	9%
	Tulkarim camp	1	
Total		22	100%

Number of student per district (Group 23 & 24)



A.5 Comprehensive Exam:

After the students finished the requirements of diploma of community health, they sat for SCH comprehensive exam. Revisions done for intended courses by SCH team before the exam.

State comprehensive exam: this exam supervised by Ministry of Higher Education. Exam committee formulated before the date of the exam by one month,. It consists of 3 members, one from the SCH, one from Ministry of health and one from PMRS. Eight students sat for the exam, two students did not complete the requirement of Diploma of Community Health could not sat for the exam, one due to medical reason and the other due to social reasons. The exam consists of two parts – practical and theory part. The result of the exam not announced yet by MOHE.

A.6 Extra curricular activities:

The policy of SCH is to encourage and offer the necessary support for extracurricular activities. The activities that the students participated in, is shown in the following table:

Activity type	Activities list	No. of hours / activity
Training Courses	<ul style="list-style-type: none">• Psychological first aid.• Earthquake aid in crises	8 8
Field Visits for orientation and entertainment	<ul style="list-style-type: none">• Youth center.• NCD center.• Ophthalmology center.	6
Debriefing and counseling	<ul style="list-style-type: none">• Group and Individual.	10
Social activities	<ul style="list-style-type: none">• Birthdays and breakfast.	20
Demonstration	<ul style="list-style-type: none">• Protest against the administrative detention.	2
	Total No. of hours	54

B. Continuing Education programme:

Several training sessions were held during the year 2015 which was coordinated and supervised by the team in the school. The training topics based on the need of the health professionals and community needs. The table below shows the training courses held in 2015.

training course	Location	January	February	March	April	May	June	July	August	September	October	November	December
Gender and right health	Ramallah												
sexual and Reproductive health	Ramallah												
Gender main streaming	Ramallah												
Gender Analysis	Ramallah												
child protection	Ramallah												
Psychological first Aid	Ramallah												
TOT in Gender	Ramallah												

Date	Training Course	Training hours	No. of trainees
February	Gender and right health	10 hours	22
February	sexual and Reproductive health	10 hours	19
March	Gender main streaming	5 hours	6
March	Gender Analysis	5 hours	6
April	child protection	10 hours	9
April	Psychological first Aid	10 hours	9
April	TOT in Gender	5 hours	7
	TOTAL	55 hours	78

B.1 Participants / profession

Training	Mass media university student	Community Health Workers	coordinators	University Student	Trainer	nurse
Gender and right health	22					
sexual and Reproductive health	19					
Gender main streaming		1	4		1	
Gender Analysis		1	4		1	
child protection		7		1		1
Psychological first Aid		7		1		1
TOT in Gender		5	1	1		
Total	41	21	9	3	2	2

- The table shows that 52.5% of trainees were mass media students and 27 % were community health workers.

B.2 Participants / Gender:

Training	Female	Male
Gender and right health	14	8
sexual and Reproductive health	12	7
Gender main streaming	6	
Gender Analysis	6	
child protection	9	
Psychological first Aid	9	
TOT in Gender	6	1
Total	62	16

- The table shows that 79% of trainees were females and 21% were male.



Sexual and Reproductive health



Psychological first Aid